



EXAMEN YONDAN TAKE

TACHIWAZA

KATADORI MENUCHI
KOSHINAGE

SANKYO-YONKYO-IRIMINAGE-

MUNEDORI MENUCHI

IKKYO-KOSHINAGE

MAGERI

IRIMINAGE-KOTEGAESHI

JODANTSUKI

USHIROKIRIOTOSHI-HIJKIMEOSAE

CHUDANTSUKI

UDEKIMENAGE-HIJKIMEOSAE-UCHIKAITEN
SANKYO-SHIHONAGE

MUNEDORI

NIKKYO-SANKYO-SHIHONAGE

RYOTEDORI

UDEKIMENAGE-KOKYUNAGE-KOSHINAGE

USHIROWAZA

ERIDORI

IRIMINAGE-IKKYO-NIKKYO-SANKYO

KATATEDORI KUBISHIME

NIKKYO-SANKYO

RYOHIJIDORI

KOTEGAESHI-IRIMINAGE

SUWARIWAZA

JODANTSUKI

IKKYO-NIKKYO-SANKYO-KOTEGAESHI

KATADORI MENUCHI

IRIMINAGE-KOTEGAESHI-KOKYUNAGE

HADMIHANDACHI

RYOTEDORI

KAITENNAGE- IKKYO-NIKKYO

SHOMENUCHI

KOTEGAESHI

USHIRO RYOKATADORI

IKKYO-NIKKYO-SANKYO-KOTEGAESHI-
KOKYUNAGE

TANTODORI

JODORI-JONAGE

TACHIDORI

KUMIJO-KUMITACHI

FUTARIDORI

5 UKES