



EXAMEN SANDAN TAKE

TACHIWAZA

SHOMENUCHI

UCHIKAITEN SANKYO-HIJKIMEOSAE

YOKOMENUCHI

YONKYO-GOKYO-KOTEGAESHI-UDEKIMENAGE-
IRIMINAGE-KOSHINAGE

MUNEDORI

IKKYO-UCHIKAITEN SANKYO-KOTEGAESHI

KATADORI MENUCHI

IKKYO-NIKKYO-SHIHONAGE-KOTEGAESHI

MOROTEDORI

NIKKYO

MUNEDORI MENUCHI

NIKKYO-SANKYO

AIHANMI KATATEDORI

KAITENNAGE-UCHIKAITEN SANKYO-HIJKIMEOSAE

JODANTSUKI

SANKYO-YONKYO-IRIMINAGE-SOTOKAITENNAGE

USHIROWAZA

KATATEDORI KUBISHIME

IKKYO-HIJKIMEOSAE

ERIDORI

IKKYO-NIKKYO-SANKYO-

SUWARIWAZA

RYOKATADORI

IKKYO-SANKYO-YONKYO

CHUDANTSUKI

KOTEGAESHI

HADMIHANDACHI

RYOTEDORI

KOKYUNAGE-KOTEGAESHI

SHOMENUCHI

IRIMINAGE-KOTEGAESHI

TANTODORI

JODORI-JO NAGE

TACHIDORI

FUTARIDORI

4 UKES