



## EXAMEN NIDAN TAKE

### TACHIWAZA

AIHANMI KATATEDORI  
SHIHONAGE

SANKYO-IRIMINAGE-KOTEGAESHI-

KATATEDORI

SANKYO-YONKYO-KOSHINAGE-KOKYUNAGE-  
KAITENNAGE-HIJKIMEOSAE

YOKOMENUCHI

GOKYO-NIKKYO-SANKYO-SHIHONAGE-  
TENCHINAGE

JODANTSUKI

IKKYO-NIKKYO-KOTEGAESHI-SHIHONAGE-  
IRIMINAGE

RYOTEDORI

IKKYO-YONKYO-SHIHONAGE-KOTEGAESHI

SHOMENUCHI

YONKYO-GOKYO-IRIMINAGE-KOSHINAGE-  
HIJKIMEOSAE

CHUDANTSUKI

SANKYO-YONKYO-KOSHINAGE-KAITENNAGE-  
KOTEGAESHI

### USHIROWAZA

RYOTEDORI

YONKYO-SHIHONAGE-KOSHINAGE

RYOKATADORI

NIKKYO-SANKYO-KOTEGAESHI

### SUWARIWAZA

SHOMENUCHI

SANKYO-YONKYO-GOKYO-KOTEGAESHI-  
KAITENNAGE

RYOTEDORI

KOKYUHO

### HADMIHANDACHI

KATATEDORI

SANKYO-KAITENNAGE

RYOTEDORI

SHIHONAGE

SHOMENUCHI

IRIMINAGE

### TANTODORI

### JODORI

### JO NAGE

FUTARIDORI

TRES UKES